



**BE YOU.  
BE WELL.**



## Meet our family of products.

Regular Girl is a complete care system that is uniquely formulated for women. Our products are made with simple, clean ingredients that work with your body to support everything from regularity and gut health to overall balance and nutrition.\* Because life is anything but regular.



Uniquely  
formulated  
for women

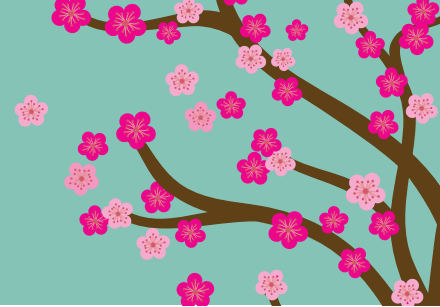
**GLUTEN FREE | NON-GMO | NON-DAIRY | BPA-FREE PACKAGING**

RegularGirl.com  Facebook.com/GetRegularGirl  @GetRegularGirl

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\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# A new care system from the brand you know and trust.



## BALANCE & REGULARITY

Improve gut health and overall wellness with clean ingredients that support digestion and urinary tract health.\*

### PRODUCTS:

Regular Girl® Starter Kit  
Regular Girl® On-The-Go  
Regular Girl® Travel Kit  
Regular Girl® Original Powder  
Regular Girl® Wellness



## NUTRITION & ENERGY

Stay in balance and get the daily essentials you need to be well.\*

### PRODUCTS:

Regular Girl® Multivitamin



## IMMUNITY & WELL-BEING

Help your body stay healthy with the immune support and restful sleep you need.\*

### PRODUCTS:

Regular Girl® Restore



## JUST FOR FUN

Check out our merch and show off your cute sense of style.

### PRODUCTS:

Regular Girl® Blender Bottle  
Regular Girl® Yoga Shirt  
Regular Girl® Tote Bag  
Regular Girl® Cap

Get the full scoop on our complete care system at [regulargirl.com](https://www.regulargirl.com).



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