

Regular Girl Wellness Supports Both Digestive & Urinary Tract Health



Regular Girl Wellness



Fiber Supplement



Cranberry Supplement

Dual action gut and urinary tract health formula	✓		
Soluble fiber for digestive health*	✓	✓	
Supports healthy gut bacteria*	✓	?	
Soluble cranberry juice powder for urinary tract health*	✓		?
Confirmed to have anti-adhesion activity	✓		?
Anti-invasion activity tested	✓		?
Every lot standardized for soluble PACs	✓		
Cranberry powder guaranteed for potency and TRU-ID DNA tested for authenticity	✓		
Active probiotics	✓ 3 billion		
Digestive support without excess gas or bloating*	✓	?	
Carrier free, maltodextrin free and no added sugars	✓	?	?

Regular Girl Wellness has everything you want, and nothing you don't



Low-FODMAP
Certified



Gluten Free



Non-GMO



Non-Gelling
in Water



Certified Organic



Free of Fillers
& Carriers



Certified
Authentic TRU-ID



Farm-to-Finish
Production



Glyphosate
Residue-free

Learn more at regulargirl.com

Additional information available upon request

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Monash University Low FODMAP Certified™. A low FODMAP diet does not treat a disease, but may help to meet nutrition needs with reduced gastrointestinal symptoms.

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